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## General Gordon Square, Woolwich hosts social enterprise and World Mental Health Day celebration



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Woolwich's General Gordon Square hosted a joint celebration of social enterprise and World Mental Health Day.

The Social Saturday event - a showcase of stalls from social enterprises in the Greenwich rough - coincided with World Mental Health Day on October 10.

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Social enterprises are businesses investing profits in projects that support local communities, international development and charities.

Stallholders at the event, organised by Social Enterprise UK, included bike workshop Lucky Brakes and the Coffee Ethic café, which provides opportunities for

people who have experienced mental illnesses.

Greenwich Council's business, employment and skills cabinet member Councillor Sizwe James said: "Supporting this sector is an important part of our anti-poverty strategy as 50 per cent of social enterprises employ at least one person facing additional barriers to employment."

The World Mental Health Day celebrations, organised by the Greenwich mental health and wellbeing forum, included live music, stalls, Tai Chi and Line Dancing.

andra Dodgson, of 24-hour support service Bridge Mental Health, said: "Mental health affects all of us and is everybody's issue.

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"One in four of us will experience a mental health problem but all of us are responsible for maintaining our mental health and wellbeing throughout life's ups and downs."

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